

ATTENTION



Please visit the nearest health unit or hospital if you observe any of these symptoms on your baby:

- Umbilicus redness, discharge, bleeding, or swelling
- Bluish discoloration of the lips
- Inability to suckle
- Contractions of the arms and legs
- High fever or coolness of the skin
- Jaundice
- Frequent vomiting in large amounts
- Having watery diarrhea more than three times a day
- Rapid, difficult or interrupted breathing
- Chest muscles pulling in when breathing

Even a healthy baby should have periodic check-ups!

You may have a FREE check up for your baby at;

- The nearest health unit at the camps
- The nearest family health center in cities
- Maternal and Child Health and Family Planning Centers
- Community health centers in cities
- The nearest hospital children's health out-patient clinic

NEW-BORN
BABY CARE

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BABY CARE



NEW-BORN
BABY CARE



Sağlık Bakanlığı
Türkiye Halk Sağlığı
Kurumu



NEW-BORN BABY CARE

NEW-BORN BABY CARE
Please
feed your baby
only
with
breast milk
during
the first
6 months.

Please
continue to breastfeed
your baby
until he or she is
2 years old.

NEW-BORN BABY CARE

- Please have your baby screened by heel prick for congenital hypothyroidism, phenylketonuria and biotinidase. Please, have it done again if it was done at the hospital at birth.
- Please visit the nearest health unit or family health center for your baby's other vaccines in addition to the first vaccine that is done in the hospital at birth
- For bone development, please get vitamin-D supplements from the camp health unit or in cities from a family health center

NEW-BORN BABY CARE

Umbilical Care

The umbilicus and surrounding area should be kept clean and dry in order to protect your baby from TETANUS and other microbes.

Do not wrap the navel cord. Keep the umbilicus outside of the baby's diaper.

Eye-Ear Care

The baby's eyes can be cleaned with clean water and a soft cloth. Do not use soap or any other cleaner.

Please also clean your baby's ears with a soft cloth and mild soapy water when bathing him or her.

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